

RSVP Newsletter Volume 11, Issue 5 September - October 2025

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RSVP Retired & Senior Volunteer Program Blair, Fulton, and Huntingdon Counties 1-800-323-9997



The Retired and Senior Volunteer Program (RSVP) Recognition Event



Meals on Wheels AmeriCorps Seniors: Barbara Stapleton (left), Linda Weir (middle), and Shirley Mosbey (right)

RSVP stations are a public agency, secular or faith-based private non-profit organization, or proprietary health care organization that signs a Memorandum of Understanding (MOU) with RSVP. AmeriCorps Seniors are senior volunteers enrolled in RSVP who formally agree to assignments to assist RSVP stations that are addressing community needs. Currently, there are thirteen RSVP stations in Blair and Huntingdon Counties where there is a total of 197 AmeriCorps Seniors.

In Blair County, AmeriCorps Seniors provide multiple services for their communities, like, at Altoona Food Bank, there are twenty-three AmeriCorps Seniors distributing food to low-income families. There are twenty-one AmeriCorps Seniors who prepare taxes, distribute farmer market vouchers, and provide PA MEDI counseling services at Blair Senior Services, Inc. CONTACT Altoona has fourteen AmeriCorps Seniors providing reassurance calls and referrals for those who need it. There are eleven

AmeriCorps Seniors who interpret and demonstrate aspects of frontier life at Fort Roberdeau. At Garvey Manor, there are twelve AmeriCorps Seniors who provide companionship for residents. At Mission Central HUB, there are seventeen AmeriCorps Seniors assembling baby kits, care kits, cleaning kits, and activity kits. There is one AmeriCorps Senior volunteer at the United Way of the Southern Alleghenies who helps with fundraising events.

In Huntingdon County, there are two RSVP stations at the Huntingdon County Government office, the Emergency Management Agency (EMA) and the Register and Recorders Office. At the EMA, there are four AmeriCorps Seniors who respond to emergencies. At the Register and Recorders Office, there are four AmeriCorps Seniors that validate and digitize historical documents. The Disabled American Veterans (DAV) of James E. Van Zandt VA Medical Center provides services for both Blair and Huntingdon Counties where there are seven AmeriCorps Seniors who transport and escort veterans to their medical appointments. Meals on Wheels of Huntingdon is the largest RSVP station where eighty-four AmeriCorps Seniors prepare and deliver hot meals to homebound individuals. There are three AmeriCorps Seniors at Penn Highlands Huntingdon who escort patients to their medical appointments, work at the information desk, and help other departments.

RSVP would like to recognize the services of AmeriCorps Seniors at the RSVP Recognition Event on October 14, 2025, at Greenland's Lodge. At the event, AmeriCorps Seniors are going to receive a meal, gifts of appreciation, and time to get to know other AmeriCorps Seniors and the services that they perform. The "Spirit of Volunteerism" award will also be presented to nominated AmeriCorps Seniors who go "above and beyond" while volunteering at their RSVP station. Danielle Ochs, the RSVP Project Coordinator, is looking for photos of AmeriCorps Seniors serving at their RSVP station to be used for the RSVP Recognition Event. If you have any photos, then please submit them to Danielle at dochs@ccaofpa.org.

Labor Day Quiz

Labor Day is the celebration of hard work and dedication. RSVP wants to extend the deepest gratitude to AmeriCorps Seniors whose efforts come not from obligation, but from the heart. AmeriCorps Seniors' selfless commitment, energy, and compassion make a powerful difference every day. While Labor Day traditionally honors the workforce, RSVP believes it's also the perfect time to recognize those who give their time and talents freely for the good of others. Below are questions regarding Labor Day and the answers to this quiz will be posted in the next RSVP newsletter.

- 1. In which country did the first labor movement protests occur that led to the establishment of Labor Day?
- 2. What major event helped expedite the adoption of Labor Day as a national holiday in the United States?
- 3. Labor Day originated due to the efforts of which labor union in the United States?
- 4. Who are the two men often credited with proposing the Labor Day holiday in the United States?
- 5. Which United State President signed the bill making Labor Day a national holiday?
- 6. In what year was Labor Day first celebrated in the United States?
- 7. Which city in the United States hosted the first Labor Day parade?
- 8. Which state in the United States was the first to make Labor Day a state holiday?
- 9. Labor Day often marks the end of which season in the United States?
- 10. Why was the date for Labor Day chosen in early September?
- 11. What is the most common symbol associated with Labor Day?
- 12. The Haymarket Affair of 1886, significant to labor rights, took place in which United States city?
- 13. What tragic event in 1911 highlighted the need for labor reform and improved factory safety in the United States?
- 14. What event in 1877 is known as the first nationwide strike in the United States?
- 15. What does Labor Day honor?

RSVP Project Coordinator Update

Danielle Ochs, the RSVP Project Coordinator, is getting married in September 2025, and thus will be changing her last name from **Ochs** to **Shrout**. Please note this change for any future correspondence, mailings, or communications. Her work address and phone number will remain the same.







Answers to Independence Day Quiz

Below are answers to the July/August newsletter quiz:

- 1. Who was the King of England when the American Colonies established independence? **King George III**
- 2. Which city hosted the first official Independence Day celebration on July 4, 1777? Philadelphia
- 3. How many times does the Liberty Bell ring on each Independence Day? 13 times
- 4. What is the location of the nation's oldest Independence Day parade? Bristol, Rhode Island
- 5. What year was Independence Day declared a national holiday in the United States? 1870
- 6. What is the largest Independence Day fireworks display in the United States? **The Macy's sponsored fireworks display in New York City**
- 7. What was the start date of the Revolutionary War? April 19, 1775
- 8. What saying, associated with the British taxing the Colonies, is often referred to as a pillar in the American Revolution? "No taxation without representation"
- 9. What was dumped into Boston Harbor on Dec. 16, 1773, to protest Britain taxing the American Colonies? **Tea**
- 10. What is the name of the man who made a midnight ride to Lexington, Massachusetts, to warn residents the British were coming? **Paul Revere**
- 11. On which day was the Declaration of Independence actually signed? Aug. 2, 1776
- 12. How many signatures are on the Declaration of Independence? **56 signatures**
- 13. Who is credited with writing the Declaration of Independence? Thomas Jefferson
- 14. Who has the biggest signature on the Declaration of Independence? John Hancock